

Senior High Youth Ministry Cluster presents...

30 HOUR FOOD FAST SERVICE PROJECT

Thanks for volunteering to help with this awesome service project. Help raise money to fight world hunger and have fun doing it!
You will collect donations from sponsors and then spend 30 hours fasting at an overnight event which will be held on:

Friday/Saturday, March 5-6, 2010

6:30 pm. Friday night to 5:30 pm. Saturday night

Holy Family Parish in Shorewood

The event will feature fasting, service projects in the community that really make a difference, prayer, open gym-basketball/dodgeball and lots of fun! Come meet other teens from around our area!



HIGHLIGHTS...

Permission forms are DUE to Monday, March 1, 2010

Get Donations from family and friends! Bring donation form and money on the night of the event.

Please arrange your own transportation to and from Holy Family Parish (600 Brook Forest Ave. Shorewood, IL 60404).

Start fasting by 11:00 AM on Friday.

30 HOUR FOOD FAST NOTES

Important Information

- You will fast for 30 hours (starting at 11:00 AM on Friday after lunch until 5:00 PM Saturday night!). Liquids juices, water, etc., will be available throughout the event. We will end with Mass at 4:00 PM and a pizza dinner at 5:00 PM. The event ends at 5:30 PM.
- You will learn about world hunger problems through presentation, games and actual service in the community!
- Holy Family Parish is the host for this event. They are located at 600 Brook Forest Ave., Shorewood, IL 60404. We will gather in the Gym.
- You will have time to relax and socialize. The gym will be available for basketball, dodge ball and other games.
- You will collect money to fight world hunger by getting donations from family and friends. **We ask each participant to collect at least \$25 in pledges**, but more would be great! Please return the pledge form and ALL pledges collected on the night of the event at the registration check-in table! Please make checks payable to Holy Family Youth Ministry. Money raised will help support Catholic Relief Services and its support of the Haitian people affected by the recent earthquake as well as Catholic Charities Daybreak Center in Joliet.

Permission Form

- Please return the Permission form to your Youth Minister by **Monday, March 1st**.
- NO one can attend this event without a permission form!

On the night of the event (March 5th)

- Bring all the personal items you need for the overnight (sleeping bag, pillow, towel, change of clothes, toiletry items, etc.) Please bring a large bottle of your favorite juice to share along with a water bottle that you can keep filled throughout the event. No acidic based juices (i.e. orange, grapefruit, etc.) It is harder on your stomach.
- Remember to bring your **FOOD FAST DONATION FORM AND MONEY COLLECTED** the night of the event. You **MUST** turn this in that night at the registration check-in table!
- Please arrange your own transportation to and from Holy Family Parish (600 Brook Forest Ave., Shorewood). **You need to arrive there at 6:30 PM (Friday night) and have your parents pick you up at 5:30 PM (Saturday night).**

Extras

- We need **PARENT CHAPERONES TO HELP DRIVE** to various service projects for this event on **Saturday morning** from 9:30 am. to 1:30 pm. We also need overnight chaperones for two shifts 11 PM to 3 AM and 3 to 7 AM. Please check the appropriate space on the permission form if you can help.
- Mass will be celebrated on Saturday at 4:00 PM with the Holy Family parish community. This will count as your Sunday obligation. Families are welcome to the mass!



Diocese of Joliet

30 HOUR FOOD FAST PERMISSION FORM

GENERAL PERMISSION FORM

I request that my child, _____, be allowed to participate in the **30 Hour Food Fast on March 5-6, 2010 at Holy Family Parish in Shorewood.**

I hereby release and indemnify the YM Cluster, my Parish, its staff, volunteers, and the Diocese of Joliet from any and all liability arising from claims of any kind or nature whatsoever from my child's participation in this event.

Videotaping and Still Photographs

Video and still photographs may be taken during this event. This authorization form constitutes permission for my child's participation in the videotape and/or still photographs, which may be used for future promotional efforts, including the Diocese of Joliet website.

Code of Behavior

You are representing Youth Ministry in our diocese during this event and we expect you will represent us well. We expect that you will display mature and responsible behavior, which for many years has been the trademark of Catholic youth and adults of our diocese.

Some Expectations:

1. All participants are expected to arrive on time.
2. All participants are expected to demonstrate common courtesy and respect at all times. Inappropriate language/behavior will not be tolerated.
3. Socializing should always be done in public areas.
4. Dress should reflect the value of modesty. Writing on clothing should reflect Christian values.
5. The possession or consumption of any alcoholic beverage and/or possession/use of any illegal drug is not permitted.
6. Smoking is not permitted.
7. Weapons and/or drug paraphernalia are not allowed.
8. If under the age of 18, prescription drugs need to be given to an adult from your parish for storage and distribution.
9. Infraction of these rules can mean immediate dismissal with no refund. Participants will be responsible to local authorities as well.

I understand and agree to this Code of Behavior. I also understand and agree that at the time of an infraction requiring my dismissal, I am responsible for my removal from the premises and any costs involved.

If under the age of 18, I also understand and agree that my parents or guardian will be notified at the time of an infraction requiring my dismissal. My parents or guardian will be responsible for my removal from the premises and any costs involved.

Youth Signature: _____ Date: _____

Parent/Guardian Signature: _____
Date: _____

PARENTS, CAN YOU HELP???

___ I can help DRIVE on Saturday morning (March 6th)

___ I can help chaperone overnight ___ 11PM-3AM ___ 3-7AM

This FORM is DUE: March 1, 2010. Please bring donations on night of event.

MEDICAL PERMISSION FORM

I grant permission for the administration of First Aid to my child, _____, by the people in charge of the _____ event, and those transporting my child to and from the event as their judgement deems advisable, and to make the necessary referrals to qualified physicians for the treatment of illness or accidents of a more serious nature. I understand I will be promptly notified in the event of any serious illness or accident and prior to any major surgery, except when delay in such communication would endanger life. In the case of a medical emergency, I understand that every effort will be made to contact the parent/guardian of the participant. In the event that I cannot be reached, I hereby give permission to the physicians selected by the adult staff to hospitalise, secure proper treatment for, and to order injection, anesthesia, or surgery if deemed necessary for my child.

Participant's Name: _____

Birth Date: _____

Allergic to medication/other? NO YES (circle one)
If yes, please describe: _____

Medication(s) presently taking: _____

Insurance Information

Policy in the name of: _____

Insurance Company: _____

Policy Number: _____

Identification/Social Security Number: _____

Authorized Physician: _____

Phone #: _____

Parent/Guardian Signature: _____
Date: _____

Parent/Guardian Signature: _____
Date: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____

Wireless Phone: _____ Other: _____

In case of Emergency, contact: _____
Phone #'s: _____

30 Hour Food Fast Donation Form

All money collected support Catholic Relief Services and it's efforts to support the Haitian people affected by the recent earthquake and Daybreak Ministries. All Checks should be made payable to:

Holy Family Youth Ministry

Please return this form and collected donations on the night of the event.